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The Official Bulletin of RCD Resources

June 30, 2024

Volume 2

Issue 34



Rotary District 3011 | CREATE HOPE in the WORLD

GOVERNOR'S DIAMOND AWARD

Presented to

Rotary Club of Delhi Resources

*For Exemplary Work
In the Field of Education & Literacy*

Jeetender Gupta & Dr Deepti
District Governor 2023-24

**For Exemplary Work
In the Field of
Education & Literacy**



Rotary District 3011 | CREATE HOPE in the WORLD

GOVERNOR'S DIAMOND AWARD

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*For Outstanding Work
&
Selfless Service*

Jeetender Gupta & Dr Deepti
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**For Outstanding Work
&
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Rotary District 3011 | CREATE HOPE in the WORLD

GOVERNOR'S PLATINUM AWARD

Presented to

Rakesh Banga
President
Rotary Club of Delhi Resources

*For Outstanding Work
&
Selfless Service*

Jeetender Gupta & Dr Deepti
District Governor 2023-24

Rotary
District 3011



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**CREATE HOPE
in the WORLD**

DISTRICT THANKSGIVING

30TH JUNE 2024

TAJ VIVANTA SURAJKUND, FARIDABAD

Visit www.rcdelhiresources.rotaryindia.org for our Club Activities



June 2024 Message of RI President 2023-24

It's customary for a Rotary president in the final month in office to recap the past year on this page, and I am proud of all we have achieved together. But I want to focus on our future, and that begins with polio.

We have reached an astonishing 3 billion children with the polio vaccine, and we have averted an estimated 20 million cases of paralysis. But it's not enough. We must continue supporting the End Polio Now campaign to reach zero cases and keep our promise to the world's children.

Polio is not our only global commitment. In fact, Rotary has been working toward global peace even longer. Spreading Positive Peace through service projects and Rotary Peace Centers around the world is more important than ever.

We must also continue to build peace from within, and that begins with supporting mental health and wellness among our fellow Rotary members and the communities we serve. Rotary has an opportunity to help build a global mental health system that currently does not exist, and I urge all members to consider joining the Rotary Action Group on Mental Health Initiatives to keep up the momentum we began this year.

It's been the honor of a lifetime to serve as your president. You have given Heather and me memories we will cherish forever. I look forward to our continued friendship and our collective commitment to *Create Hope in the World*.

R. Gordon R. McNally

(Source: Internet. Abridged Version)



Message of Jeetender Gupta, D G, District 3011

As the Rotary Year 2023-24 reaches its conclusion, I would like to express my gratitude and satisfaction for

Visit www.rcdelhiresources.rotaryindia.org for our Club Activities

the work done by our clubs, its members, and its leaders.

It is an immutable law that words are words, explanations are explanations, promises are promises-but only performance is reality.

It is time for us to self-introspect as to where we stand with respect to our initial goals and to take necessary action wherever possible in the next few days.

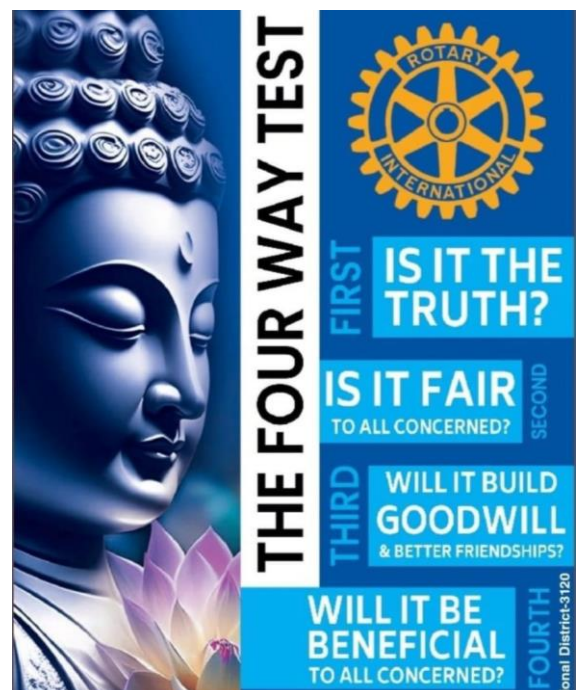
In the area of membership, I expect each club to maintain a net growth of at least one member as of 1st July 2024. Likewise, the club should make all efforts to retain 100% existing members.

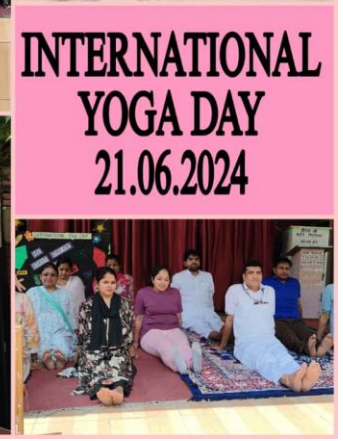
Every club is expected to support the Rotary Foundation, irrespective of the quantum. Clubs should encourage every member to contribute something towards the annual fund or Polio Plus Fund. Clubs should achieve or maintain the EREY status and/or 100% PHF status.

The clubs should explore options for one final bigger bolder project for the Rotary Year through CSR Grants, where the approval and funding process is much simpler and quicker than other grants.

Let us continue to "Create Hope in the World".

(Source : GML of June 2024. Abridged Version)







21-06-2024 Rotary  11am - 01pm

DISTRIBUTION OF AIDS & APPLIANCES

Venue : C3 Ram Mandir, Janakpuri, New Delhi-58



SPONSORED BY

RTN. RAJIVE ANEJA (RCD INSPIRE)

ROTARY CLUB OF DELHI RESOURCES



CLUB ID - 224707

Rtn. RAKESH BANGA, CLUB PRESIDENT
Rtn. SUMAN CHOPRA, PRESIDENT ELECT
Rtn. SUMAN CHOPRA, PROJECT CHAIR



Distribution of Wheel Chair and Tricycle: These two projects were conceived by our President Elect Rtn Suman Chopra and Lord Pradeep Ji. She contributed the Tricycle and Club added the Wheel Chair with the help of Rtn Rajive Aneja of RCD Inspire. It was a new

project for our Club. But our President Elect has been dealing with FOD (Friends of Disabled) for sometime. It was a wonderful experience and the receivers were thankful for the appliances given as it would help them to earn their livelihood comfortably. We hope to repeat .

Visit www.rcdelhiresources.rotaryindia.org for our Club Activities



FAMILY OF DISABLED

A Voluntary Organisation Committed to the Cause of People with Disabilities
Regd. Office: B-1/500, Janakpuri, New Delhi-110058
Tel: 41570140, 45129935
e-mail: contact@familyofdisabled.org,
Web: www.familyofdisabled.org

FOD ESTD: 1992

Free Distribution of Aids and Appliances

FAMILY OF DISABLED (FOD)

cordially invites you to grace the function of free distribution of aids & appliances to people with disabilities

Sponsors: Mr. Pankaj Gaba, Amrit AAN Charitable Trust, Mr. Arun Sikka, Ms. Anju Mahajan, Mr. S.K. Chadha, Ms. Harsh Makani, Rotary Club- Delhi Resources, Mr. Namit Chawla, & Ms. Shashi Kiran Johar

FOD is a Non-Government Organisation (NGO), founded by Dr. Rajinder Johar, serving people with disabilities (PWDs) with care and concern since 1992. This has earned the organisation 28 awards including the 3 National Awards. Almost every quarter, FOD has been providing free aids and appliances to a group of PWDs. During the Pandemic, FOD continued to provide the basic essentials as well as the assistive devices to the people with disabilities without congregating them at any place. This programme will also facilitate PWDs with the appropriate gadgetry.

Venue: C-3, Ram Mandir, (Near C-3 Janak Puri, Bus Stand) Janakpuri, New Delhi-110058

Date: June 21, 2024, Friday
Time: 11:00 am to 1:00 pm

Followed by Langar Courtesy:- Shree Ram Mandir Committee

Gratitude:- Mr. BL Parashar (Chairman), Mr. JP Sharma (President) Mr. MK Wadhwa (General Secretary), Mr. RP Arora, (Addl Gen Secretary), Mr. BB Gupta (Treasurer) & other members of Ram Mandir Temple Committee, Friends, Volunteers and Well Wishers of FOD

Note:

- i) **UNNATI** the rehabilitation centre of FOD at Shyam Vihar, Najafgarh, New Delhi, for disabled people constructed from the donations received through Amir Khan Productions (Satyanav Jayate), Reliance Foundation and friends and well wishers operational since October 2015
- ii) Monetary donations to FOD are exempt u/s 80G of Income Tax Act, 1961.
- iii) FOD also accepts & collects waste (old newspapers, clothes, etc.) household items and office equipments to fund its ongoing welfare programmes.
- iv) For more information about FOD please visit our website www.familyofdisabled.org office at B-1/500, Janakpuri, New Delhi-110058

21-06-2024 Rotary  11am - 01pm

DISTRIBUTION OF AIDS & APPLIANCES

Venue : C3 Ram Mandir, Janakpuri, New Delhi-58



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ROTARY CLUB OF DELHI RESOURCES

ZONE 12 DISTRICT 3011 CLUB ID - 224707

Rtn. RAKESH BANGA, CLUB PRESIDENT
Rtn. SUMAN CHOPRA, PRESIDENT ELECT
LORD PRADEEP CHOPRA, PROJECT CHAIR



23-06-2024

JUNE 23, 2024 **Rotary** 11:00 am

SPONSORED BY
ROTARY CLUB OF DELHI RESOURCES
 DISTRICT 301 CLUB ID - 224707

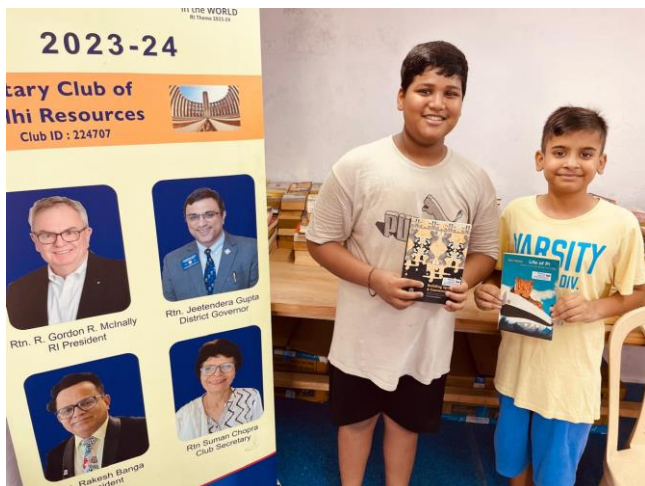
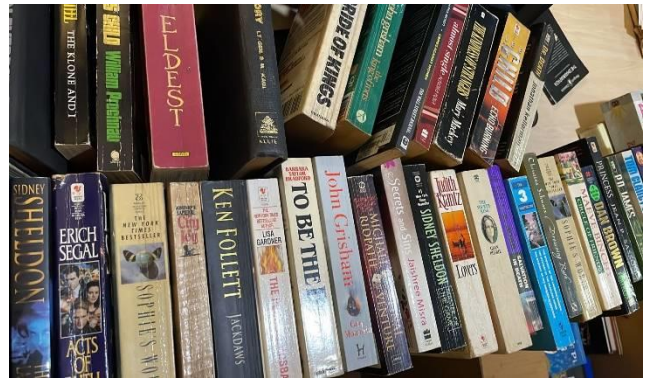
Rtn. KUMUDNI
 Rtn. DINESH
 SHRIVASTAVA

LET'S PROMOTE READING LIBRARY - 18

VENUE : B 8 PARYATAN VIHAR COOPERATIVE GROUP HOUSING SOCIETY VASUNDHRA ENCLAVE DELHI 110096

Rtn. RAKESH BANGA, CLUB PRESIDENT - 8587960929
 Rtn. SUMAN CHOPRA, PRESIDENT ELECT - 9811619842
 Rtn. DINESH SHRIVASTAVA, PROJECT CHAIR - 98102 00209

Let's Promote Reading - This Signature Project has been initiated / conceived by Rtn. Sunil Kumar Day, Charter President and Rtn. Niti Day - to be at multiple locations. There are books of Management / Spiritual / Cookery/ Fiction and General Knowledge for all ages in Hindi and English. The #18 Library project was launched on 23rd June 2024 at B-8, Paryatan Vihar Cooperative Group Housing Society, Vasundhra Enclave, Delhi – 110096. We were greatly honored when Rtn. Kumudni and Rtn. Dinesh Ji gracefully received our 250 books plus a mixture of new and pre-loved books. More books can be provided by us on their requests. RWA was very much involved in all positive ways.





29-06-2024

Bharat @100 Rotary

EARLY CANCER DETECTION CAMP

JUNE 29, 2024 10:00 - 14:00

VENUE : KV, JNU, NEW DELHI

By

Rajiv Gandhi Cancer Institute & Research Centre, Rohini

SPONSORED BY

ROTARY CLUB OF DELHI RESOURCES

ZONE 12 DISTRICT 3011 CLUB ID - 224707



Contact : MR. CHANDAN KOHLI

Rtn. RAKESH BANGA, CLUB PRESIDENT
Rtn. SUMAN CHOPRA, PRESIDENT ELECT
Rtn. NITI DAY, PROJECT CHAIR

Cancer Screening Camp, with specific emphasis on Clinical Cancer Testing, Pap Smear and Oral Checkups, etc. at KV, JNU, New Delhi – 110067. This is for the benefit of staff of all age groups. It started early at 10:30 am and continued beyond 2:00 pm. Patients were registered in a very organized way. The testing equipment / medical facilities were provided by Rajiv Gandhi Cancer Institute & Research Center (RGCIRC), Rohini, New Delhi. A highly successful camp had total 62 Oral tests. The 24 Clinical Breast Tests and 12 Pap Smears were by Dr. Shashi Rakheja.






**FREE HEALTH CHECK-UP CAMP
BY ROTARY DIABETES CENTRE**

JUNE 29, 2024 **9:30AM-2:00PM**

VENUE : KV, JNU, NEW DELHI



Eye & Specs **Diabetes**

Hypertension

SPONSORED BY
ROTARY CLUB OF DELHI RESOURCES

ZONE 12 DISTRICT 3011 CLUB ID - 224707

Rtn. **RAKESH BANGA**, CLUB PRESIDENT
 Rtn. **SUMAN CHOPRA**, PRESIDENT ELECT

Contact : **MR. CHANDAN KOHLI**
 Rtn. **SUNIL KUMAR DAY**, PROJECT CHAIR

A Health Check-up Camp, with specific emphasis on Diabetes, Hypertension, Eye and Specs was conducted by RCD Resources for Students and Staff at KV (Kendriya Vidyalaya, JNU, New Delhi – 110067). This was for the benefit of all the staff of the KV, JNU. It started early at 10:30 am and continued till 2:00 pm. Patients were registered in a very organized way. The testing equipment were provided by Rotary Diabetes Center. There were total 43 beneficiaries of different age groups. The project was very well organized.

Visit www.rcdelhiresources.rotaryindia.org for our Club Activities







SAMVEDNA

You are cordially invited to annual programme of THE CANCER FOUNDATION

Monday 3rd June 2024 | Time: 2 pm - 6 pm

DG Jeetender Gupta
District 3011 (President)

DG Priyatosh Gupta
District 3012
(Executive Vice President)



Venue : PHD House, Siri Fort,
August Kranti Marg, New Delhi

Followed by High Tea

No registration
Charges

RSVP:-
Ajay Narain
+91 98110 33228

+++++
**WE CAN!
I CAN!**



EXIT POLL पर 'महाभारत', NDA गद्गद, विपक्ष सफाचट? | Loksabha Election 2024 | Exit P...
EXIT POLL पर 'महाभारत', NDA गद्गद, विपक्ष
youtube.com

EXIT POLL पर 'महाभारत'
NDA गद्गद, विपक्ष सफाचट?

गेस्ट लिस्ट

1. रत्नाकर सिंह, नेता, बीजेपी
2. अशोक तिवारी, प्रवक्ता, सपा
3. हरनाम सिंह, प्रवक्ता, कांग्रेस
4. डॉ. मोहम्मद अमीन, पूर्व संयुक्त निदेशक, ECI

Youtube

<https://youtu.be/8i5VpA6hVsl>

Facebook

<https://www.facebook.com/61551893883825/videos/417608127782568/>

X

<https://x.com/HindiKhabar/status/1797523716483723399>



LOK SABHA EXIT POLL 2024: एग्जिट पोल में INDIA 150 पर, NDA 350 पार, कितने सटीक...
LOK SABHA EXIT POLL 2024: एग्जिट पोल में INDIA
youtube.com

<https://youtu.be/UcRTTRtb7R8?si=8DEFOYV9p5ieEIR0>

Club Members In Action – Rtn Ashok Sharma

10:00AM TILL 7:00PM

**RENOWNED ASTROLOGER
& VASTU CONSULTANT
OF
INTERNATIONAL REPUTATION
(BASED IN GURUGRAM.
VISITING SITES ALL OVER INDIA)**



Rtn. ASHOK SHARMA
(EX.BANK OFFICER.
EX.INDIAN AIR FORCE OFFICER)
CONTACT: 9811205151

Club Members In Action – Rtn Sunil Kapoor

कुछ व्यंग हो जाये !!!!

पता है कि माचिस ने तीली से क्या कहा ?
तू मुझसे जलती है !!!!

पता है नदी क्यों नहीं सुनती ?
क्योंकि की वो बहरी होती है !!!

पता है खुशी की माँ से खुशी के बाप ने क्या कहा?
खुशी की माँ तुमसे मिल कर खुशी हुई !!!

पता है कि हम धोखा क्यों खाते हैं??
क्यों की हम धोखा पी नहीं सकते !!!!

सुनील कपूर



Other Projects of Rotary



Malaysia

After providing food and medicine to villagers in Nyamok during the pandemic, the Rotary Club of Metro Kuala Lumpur heightened its assistance to the impoverished community in Pahang state, a five-hour drive from the club base. Rotarians embarked on a project to construct three toilets as well as five kitchens and washing areas for food preparation for the Orang Asli ethnic group. The club lined up a District 3300 grant, other sponsors, and volunteers and then plotted the logistics, including the acquisition of plywood, bricks, cement, and tools, along with the three trucks used to deliver the materials along muddy roads into the remote village. After three days of construction with help from community members, the job was complete, club member Jennifer Lim says. Members installed more ceramic tiles in March to improve the appearance of the toilet facilities, Lim says.

India

India is home to 1 of every 8 people with the trait for thalassemia, an inherited blood disorder when the body doesn't make enough of the protein hemoglobin, hurting red blood cells that carry oxygen throughout the body. While mild forms might not need treatment, other cases could require frequent blood transfusions to help increase blood cells to manage anemia and resulting fatigue. The Rotary Club of Calcutta Metro City is promoting awareness and treatment of the disease with its thalassemia-free India initiative. In February the club coordinated an



educational event attended by 50 young women and mothers in Sonarpur, West Bengal. The gathering was one of dozens of such events since 2022, reports club member Subhojit Roy. Besides its focus on encouraging screening and delivering its message to young adults and rural residents, the club lobbied thousands of provincial legislators and members of the Indian Parliament to promote testing and government funding of treatment, he says.

District 3011

Rotary-Shroff eye centre for poor

STAFF REPORTER ■ NEW DELHI

Internationally renowned for their impactful initiatives, Rotary Club of Delhi Southend, partnered with Dr Shroff's charity Eye Hospital (SCEH) to open a centre to help treat blindness to the poor. The centre was inaugurated by Rotary Southend president, Sidharth Sehgal here on Tuesday. The objective of the centre is to eradicate avoidable blindness by providing comprehensive eye health services to all, regardless of financial situation. The new centre is equipped with state-of-the-art technology and is dedicated to serving underprivileged communities, ensuring no one suffers from preventable or treatable eye conditions. Mr. Sehgal emphasised, "Today, we are



Rotary southend president Siddharth Sehgal inspecting the eye centre

not just opening a building; we are opening doors to a brighter future for our community." The event, attended by members from Rotary Club of Delhi Southend, Koshika Foundation, and our SCEH team. Rotary Club of Delhi Southend is a part of Rotary International, a global non-profit organisation with a presence in over 140 countries and a membership of 1.3 million. timely eye care to all.



Army to provide skill opportunities to families of personnel

PIONEER NEWS SERVICE ■
NEW DELHI

The Army has joined hands with a Sikkim-based university to provide educational and skilling opportunities to the families of Army personnel by earmarking seats in its skill-based academic programmes and offering fee concessions, according to an official statement.

An MoU was signed between the Indian Army with the Medhavi Skills University (MSU), Sikkim, during a ceremony held at the South Block here. This pact is to “provide educational and skilling opportunities to the families of army personnel by reserving seats and offering fee concessions”, the statement said.

Under the MoU, the university will earmark seats and offer special fee concessions in its skill-based undergraduate and postgraduate degree



programmes for the wards and spouses of serving, deceased and retired Army personnel, it added.

MSU will provide a cut in tuition fees and hostel accommodation fees for these beneficiaries with additional concessions based on their scores in the national entrance examinations, the statement said.

The MoU was signed by Major General Ravindra Singh in the presence of Adjutant General of the Indian Army Lt

General C B Ponnappa and Kuldeep Sarma, co-founder and pro-chancellor of MSU. MSU has become India's first skills university to collaborate with the Indian Army, it added.

“MSU views the defence forces as a significant partner in its journey of upskilling India. We are dedicated to enhancing the learning, development and employability for the families of those who serve our nation so bravely. This initiative stands as a testament to our unwavering support for India's guardians and their families,” Sarma was quoted as saying in the statement.

Singh highlighted the importance of the MoU. “This partnership with Medhavi Skills University is a commendable step towards empowering the families of our Army personnel. It is our duty to support the educational and professional aspirations of the families who sacrifice so much for the nation's security,” he said.

MoU signed to set up dedicated Tele MANAS cell for Armed forces

PIONEER NEWS SERVICE ■
NEW DELHI

Armed forces beneficiaries will have direct access to mental health care with the Union Health Ministry inking an MoU with the Ministry of Defence for operating a special cell of the national telemental helpline at the Armed Forces Medical College in Pune. The special Tele-MANAS cell will operate on a pilot basis for two years at the medical college in Pune.

Recognising the unique stressors faced by the Indian military, the need for telemental health services in the armed forces has become evident, the health ministry said in a statement on Wednesday.

“The operational environment, cultural challenges, and specific stressors related to regional conflicts necessitate a specialised approach to mental health care in armed forces.



Ministry of Health & Family Welfare and Ministry of Defence sign MoU to set up dedicated Tele MANAS cell for Armed forces in presence of Aradhna Patnaik, AS & MD of MoHFW and Lt General Daljit Singh, Director General of Armed Forces Medical Services, in New Delhi

PNS

With the signing of the MoU, the mental health and well-being of armed forces personnel and their families will be addressed and the armed forces beneficiaries will have direct access to specialised care, ensuring their unique mental health needs are addressed promptly and effectively,” the statement said. Lt General Daljit Singh, Director General of Armed

Forces Medical Services, said there has been a long-standing need for mental health counselling for armed forces personnel, and now, with the dedicated Tele MANAS cell, armed forces personnel and their families will receive crucial mental health assistance 24x7, addressing their mental health concerns more effectively. Tele MANAS is the digital

extension of the District Mental Health Programme (DMHP), offering comprehensive, integrated, and inclusive 24x7 tele-mental health services.

The initiative provides toll-free number, 14416, in each State and Union Territory for easy access to mental health support.

Currently, there are 51 operational Tele MANAS cells functioning across all 36 states and UTs, offering services in 20 different languages.

Since its launch in October 2022, it has received over 10 lakh calls and is managing more than 3,500 calls daily. The data indicate a significant demand for mental health services and underscores the importance of addressing mental health issues comprehensively and inclusively, particularly in specialised contexts like the armed forces, the statement said.



Celebrations of July / August

July		
11	Rtn. Preeti Sharma	Birthday
11	Rtn. Gurmukh Kotwani	Birthday
August		
4	Rtn. Manisha Verma	Birthday
9	Rtn. Ranjit Choudhary	Birthday
20	Rtn. Astha Agarwal	Birthday
22	Rtn. Kumudni Shrivastava	Birthday
27	Rtn. Suman Chopra	Birthday
28	Rtn. Sarita Pangasa	Birthday

The Rotarian Minute 2

Did you know?

The 1989 **Council on Legislation** established **Service Above Self** as the principal motto of Rotary

Rotary
 District 3011

ROTARY INTERNATIONAL DISTRICT-3011

2024-25

Rtn. Stephanie A. Urchick
Rotary International President
2024-25

Rtn. Mahesh Trikha
District Governor
2024-25

Rtn. Sunil Kumar Day
Rotary Club of Delhi Resources
District - Adult Literacy - Co-Chair
RY : 2024-25

A Note by the Editor-in-Chief
This is the last edition of this Rotary Year 2023-24. We will sum-up the achievements of this year in a special edition to be published on 7th July 2024 – Volume 3 Issue 35.
 Rtn. Sunil Kumar Day